

Rock Basics I

A

Practice these 8th notes with the right hand on the Hi Hat. Practice with a metronome at 60 BPM, and strive to keep the notes steady and even-sounding. Repeat you're comfortable with the exercise.

B

Next, add the bass drum, played on beats 1 and 3. Again, work on the exercise with the metronome at 60 BPM, making sure to get the best sound possible. When you're comfortable with it, move on to exercise C.

C

Now, the finishing touch. Add the snare drum, played with your left hand on beats 2 and 4. We'll call this part the "backbeat." Work on this, as usual, steadily with the metronome set at 60 BPM.

Rock Beat Variations: practice each individual measure with the metronome. Start at 60 BPM, and increase tempo as you become more comfortable with the exercise.